

Women's Size Chart

Size	Bust (in.)	Waist (in.)	Hip (in.)
XS	33-35	27-29	35-37
S	35-37	29-31	37-39
M	37-39	31-33	39-41
L	39-41	33-35	41-43
XL	41-43	35-37	43-45
XXL	43-45	37-39	45-47
XXXL	45-47	39-41	47-49

Men's Size Chart

Size	Chest (in.)	Waist (in.)	Hip (in.)
S	34-37	28-31	31-35
M	37-41	31-35	35-39
L	41-45	35-39	39-44
XL	45-49	39-44	44-47
XXL	49-53	44-48	47-50
XXXL	53-57	48-53	50-54

To measure, use a measuring tape or a piece of string to hold alongside a ruler. For the best fit, measure without clothing on. If you are in between sizes, choose the larger.

